

CLINICAL PSYCHOLOGY COVERAGE

Included in the PSBT plan through Canada Life, members (and their dependents) have access to Paramedical Services coverage up to \$1,000 with a registered Clinical Psychologist.

For this service to be covered by Canada Life, the therapist must be registered as a Clinical Psychologist with the appropriate governing body and have their PhD in Psychology.

HOMEWOOD HEALTH

This coverage is *included* in our benefit plan.

Through our provider, Homewood Health, members and their families have immediate access to a wide range of confidential counselling services offered 24/7 over the phone.

1-800-663-1142

When contacting Homewood Health, identify that your benefits are with the PSBT.

Homewood Health offers emergency and ongoing counselling services, as well as various other levels of care (e.g. Depression Care, Trauma Care, Post Traumatic Stress Disorder, etc.).

EMERGENCY PSYCHOLOGICAL CARE BENEFITS

This coverage requires funding *approval prior to use*.

The Power Sector Benefit Trust (PSBT) and the Member Family and Assistance Program (MFAP) provide Emergency Psychological Care to assist members facing severe mental health challenges.

Emergency Psychological Care benefits could cover up to 20 additional visits with a Clinical Psychologist. This emergency coverage is intended for members with extreme mental health issues who may pose as a threat to themselves or others.

To qualify for Emergency Psychological Care, there are steps a member must follow:

1. Referral

The member must obtain a referral from their Family Doctor to a Clinical Psychologist and submit this referral to PSBT for verification.

2. Approval from Canada Life for up to \$1,000

The member locates a Clinical Psychologist registered with the appropriate governing body (e.g. College of Registered Psychotherapists of Ontario).

The member submits the invoice to Canada Life for approval of up to \$1,000.

3. Approval from Power Sector Benefit Trust (PSBT) - more than the \$1,000 coverage allotment

The member provides PSBT with Canada Life's approval paperwork and the treatment timeline detailing the number of sessions needed

NOTE: This program is designed for short-term care to stabilize members before transitioning to Homewood Health's services.

4. Payment Arrangements

Direct billing can be arranged with PSBT by the service provided. Alternatively, **with prior approval**, members can pay upfront and request reimbursement from PSBT.

To avoid delays, please ensure all documents are complete, accurate and sent to the Canada Life and/or the Power Sector Benefit Trust.

For further clarification or support, contact Homewood Health or MFAP.